

## Super Bowl Funday

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A woman's guide to surviving the Super Bowl

IMAGE: 1 OF 8



Here are some plays to not only survive Super Bowl Sunday, but also thrive it:

### Home field advantage

**Party at your place.** Jamie Ellis Freedman -- a guy's guy -- says, "The NFL is boring, and parties are fun -- need I say more?" Super Bowl energy is infectious. Friends, food, a mini-football, and it's on. Place friendly wagers on the game. Losers clean up -- or must wear a certain get-up to be Facebooked later. Even if you don't know anything about football, luck may be on your side. And you'll have more of a vested interest in the game. (Visitors' advantage: There's always less prep and cleanup at a friend's place.)(Shutterstock)

Stereotypically speaking, the Super Bowl is to men what the series finale of Desperate Housewives is speaking, roles can be reversed. But no matter how you play it, this football fans' Christmas has pres -- including non-believers. Hey, even Atheists go to Christmas parties, right?

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